

LECTURE 1: WHY NONVIOLENCE

Featuring Dr. Ken Butigan, Eliane Lakam, and Rosie Davilla.

Brief Summary:

This lecture explores the spirituality and role of nonviolence. Presenters elaborate on how and why nonviolence is such an effective tool in bringing about sustainable political, social, and economic change. For summaries of each speaker's presentation, go to <https://cniseries.info>

Ken Butigan's Presentation

(Run time: 18 min)

REFLECT/DISCUSS

1. *List words, phrases, or statements from Clip One that helped you better understand the spirituality of nonviolence.*
2. *Why is nonviolence essential to building a culture of peace?*
3. *Ken shares that he learned from his own experience of four decades as an activist that "all of us have more power than we think to unleash nonviolent change." What are your thoughts about this statement? How did you discover the power of nonviolence?*

Eliane Lakam's Presentation

(Run Time: 14 min)

REFLECT/DISCUSS

1. *Eliane argues that nonviolence is not pacifism. What does that mean?*
2. *Why are nonviolent civil resistance campaigns more effective for achieving sustainable change than violent ones?*
3. *What nonviolent resistance methods have been more effective within the context of contemporary conflicts in your own country/community? Why?*

Rosie Davila's Presentation

(Run Time: 11min)

REFLECT/DISCUSS

1. *What patterns, and experiences in your life can you draw on to help promote the culture of nonviolence?*
2. *What areas of nonviolent activism do you gravitate toward? (i.e. - environmentalism, anti-racism work, anti-war work, activism against nuclear weapons)*
3. *Rosie uses visual art to illustrate various aspects of nonviolence. In your own context, what other forms of art are used to promote and support nonviolence?*

RECAP

- ★ In summary, what new information did you learn about nonviolence in this lecture? What questions remain?